

Age Appropriate Chore Options

1-2 years

- Putting toys in pile or basket
- Taking dirty clothes to hamper
- Throwing away dirty diapers
- Helping push in chairs
- Picking up after eating snacks
- Putting away cup/drink
- Collecting trash around house

2-3 years

- Picking up toys
- Wiping up spills
- Helping feed pets
- Putting dirty laundry in hamper
- Rinsing durable dishes
- Tidying shelves
- Assist in making bed
- Cleaning up place setting

3-4 years

- Removing belongings from car
- Putting clean clothes in drawer
- Picking up backyard
- Returning toys to correct place
- Washing fruit and veggies
- Collecting ingredients for recipe

4-5 years

- Making own bed
- Sorting laundry by color
- Setting table for meals
- Assisting in meal preparation
- Sorting silverware
- Watering indoor plants

4-6 years

- Clearing table after meals
- Helping put away groceries
- Tidying room unassisted
- Dusting baseboards
- Cleaning up after projects
- Prepare own snacks
- Clean mirrors

6-7 years

- Sweep and Vacuum
- Washing dishes
- Loading/unloading dishwasher
- Assist with yard work
- Folding and putting away clothes
- Taking out the trash



MY CHORE CHART

★ Name :

★ Week off :

CHORE	SUN	MON	TUE	WED	THU	FRI	SAT